

Mt. Auburn Indoor Pool Fall 2007

September 10 – December 15

(Pool is closed November 12 and November 20 – 25)

All programs require a pool membership \$5.00 All Ages

2007 City-wide pool memberships valid all year through 12/31/07.

Arthritis Exercise (Sept. 11 – Dec. 14)	Tuesday	3:15pm – 4:00pm	\$20 / 10 classes
(18 years old & up) <i>No class Nov. 20,22,23</i>	Thursday	2:15pm – 3:00pm	\$36 / 20 classes
	Friday	1:15pm - 2:00pm	

* Participants can choose to attend one, two or three days a week.

American Red Cross Swim Lessons

Parent & Child Aquatics (6mo. To 5yrs old)	Saturday	9:00am – 10:00am	\$30 / 9 week session (9 classes)
* Parent/Guardian must participate in the water with their child			
1 Session (9wks) October 13 – December 15	<i>No class Nov. 24</i>		
Youth Levels 1 & 2	Mon. & Wed.	5:30pm – 6:00pm	\$30 / 6 week session (12 classes)
Session 1	September 10 – October 17		
Session 2	October 22 – December 10		
Youth Levels 3 & Above	Mon. & Wed.	6:00pm – 6:30pm	\$30 / 6 week session (12 classes)
Session 1	September 10 – October 17		
Session 2	October 22 – December 10		
Adult Level 1 & 2	Mon. & Wed.	6:30pm – 7:15pm	\$30 / 6 week session (12 classes)
Session 1	September 10 – October 17		
Session 2	October 22 – December 10		

Open Swim & Family Fun (September 10 – December 13)

All ages, children under 13 must be accompanied and actively supervised by an adult

Monday	4:30pm – 5:30pm & 6:30pm – 8:00pm	Included w/ pool membership
Wednesday	6:30pm – 8:00pm	Included w/ pool membership
Thursday	3:30pm – 6:30pm	Included w/ pool membership

* Games and activities will be offered for children & parents

Adapted Aquatics (Oct. 9 – Dec. 15) *No Class Nov. 20,24*

This program is for individuals with disabilities ages 5 & older.

Beginner & Intermediate	Tuesday	4:30pm–5:10pm or 5:15pm–5:55pm	\$90/ 9 week session
	Saturday	10:00am-10:40am or 10:45am-11:25am	
Advanced	Tuesday	6:00pm – 6:40pm	\$90/ 9 week session
	Saturday	11:30am-12:10pm	

For questions about programs please call the Aquatics Office at 357-POOL(7665).

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